

# *2016 Gehlen Jays*

## *Season Summary*



“Blessed are women whose hearts and souls are stitched together by laughter and tears, for they shall be known as sisters.”

# 2016 - Gehlen Catholic Volleyball Roster

## Varsity Squad

#	Name	Height	Position	Grade
1	Catalina Uribe	5'4"	Setter	12
2	Valeria Uribe	5'5"	Hitter/Backrow	9
3	Chloe Bunkers	5'7"	Hitter/Backrow	9
4	Krista Lipp	5'9"	Hitter	11
5	Brooklyn Heissel	5'6"	Hitter/Backrow	10
6	Kayla Mayer	5'8"	Hitter	11
7	Katelyn Langel	5'8"	Hitter	10
8	Sydney Livermore	5'6"	Hitter/Setter	9
9	Anna Britt	5'6"	Setter	10
10	Kaylee Schmit	5'9"	Middle	12
11	Kathryn Ripley	5'10"	Middle	11
12	Aubree Nilles	5'8"	Hitter	10
13	Katie Peters	5'10"	Middle	10
15	Isabelle Kessenich	5'2"	Backrow	10
16	Abbie Dickman	5'8"	Libero	11

## B & C Squads

#	Name	Grade
2	Sage Goergen	10
3	Chloe Bunkers	9
4	Kennedy Ruhland	9
6	Kate Hill	9
7	Katelyn Langel	10
8	Sydney Livermore	9
8	Samantha Sauer	9
9	Anna Britt	10
10	Elliotte Herbst	10
11	Josie Kolbeck	9
12	Isabelle Ellensohn	9
12	Aubree Nilles	10
14	Jamie Pohlen	10
15	Isabelle Kessenich	10
15	Anna Mauszycki	9
16	Meredith Kellen	10
17	Melinda Zubrod	10
18	Brooke Tentinger	9
19	Allison Ruden	9
20	Harley Foreman	9
23	Fernanda Beltran	9



Nickname:	Jays
Colors:	Green & Gold
Head Coach:	Mike Meyer
Asst. Coach:	Kathy Neary
Managers:	Steph Heuertz Reanna
Holton	
Principal:	Jeff Alesch

# 2016 MATCH RESULTS

INSTITUTION: Gehlen Catholic (LeMars, IA)  
 CONFERENCE / CLASS: War Eagle / 1A

Date	H/A/N	Opponent	Match		Cumulative Record	Opponent Class & Highest Ranking
			W-L	Game Scores		
8/25	H	Woodbury Central	W	25-8, 25-10, 25-12	1-0	1A
8/30	A	*Remsen St. Mary's	W	25-17, 25-8, 25-14	2-0	1A
<b>Sheldon Tournament</b>						
9/3	N	Cherokee	L	17-21, 21-9, 12-15	2-1	3A #13
9/3	N	Newell-Fonda	W	21-14, 21-15	3-1	1A
9/3	N	Central Lyon	L	18-21, 15-21	3-2	2A #6
9/3	N	South O'Brien	W	22-20, 21-10	4-2	2A
9/8	H	*Harris-Lake Park	W	25-10, 25-10, 25-17	5-2	1A
<b>Le Mars Community Tournament</b>						
9/10	N	Dakota Valley, SD	L	21-15, 15-21, 11-15	5-3	SD #2
9/10	N	Woodbury Central	W	21-13, 21-13	6-3	1A
9/10	N	Akron-Westfield	W	18-21, 21-17, 15-9	7-3	1A
9/10	N	Sergeant Bluff-Luton	L	16-21, 16-21	7-4	4A #6
9/10	N	Hinton	L	18-21, 11-21	7-5	2A #11
9/10	N	Lawton-Bronson	L	13-21, 14-21	7-6	1A #7
9/13	A	*South O'Brien	W	24-26, 25-15, 25-21, 25-19	8-6	2A
9/13	N	*Unity Christian	L	25-23, 22-25, 19-25, 18-25	8-7	2A #2
<b>C.Y.O. Tournament</b>						
9/18	H	Remsen St. Mary's	W	21-13, 21-13	9-7	1A
9/18	H	Bishop Heelan	L	9-21, 12-21	9-8	4A #1
9/18	H	Bishop Garrigan	W	21-12, 21-15	10-8	1A
9/18	H	Kuemper Catholic	L	16-21, 14-21	10-9	3A #1
9/18	H	Storm Lake St. Mary	W	21-11, 21-8	11-9	1A
9/18	H	St. Edmonds, Fort Dodge	W	21-14, 21-13	12-9	1A
9/20	N	*Hinton	L	17-25, 25-22, 16-25, 18-25	12-10	2A #11
9/20	A	*Akron-Westfield	L	16-25, 13-25, 25-22, 15-25	12-11	1A
9/22	H	*Clay Central-Everly	W	25-6, 25-14, 25-10	13-11	1A
<b>Hartley-Melvin-Sanborn Tournament</b>						
9/24	N	South O'Brien	W	21-13, 21-10	14-11	2A
9/24	N	Newell-Fonda	W	21-16, 21-18	15-11	1A
9/24	N	Trinity Christian	W	21-15, 22-20	16-11	1A
9/24	N	Rock Valley	W	21-10, 21-15	17-11	2A
9/24	N	Okoboji	W	21-19, 21-10	18-11	2A
9/27	H	*Trinity Christian	W	25-14, 25-17, 25-13	19-11	1A
9/27	H	*West Sioux	W	25-12, 25-20, 25-17	20-11	1A
10/4	A	*M-M-C/R-U	W	25-15, 25-11, 25-12	21-11	1A
10/6	N	Siouxland Christian	W	25-22, 20-25, 15-9	22-11	1A #10
10/6	A	Maple Valley/Anton-Oto	W	23-25, 25-12, 15-9	23-11	2A
10/11	H	*Hartley-Melvin-Sanborn	W	25-19, 25-10, 25-12	24-11	1A
<b>Regional Tournament</b>						
10/24	H	Hartley-Melvin-Sanborn	W	25-17, 25-21, 25-16	25-11	1A
10/27	A	George-Little Rock	L	15-25, 20-25, 24-26	25-12	1A #11

\*War Eagle Conference match

## 2016 Final Varsity Statistics

Athlete	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
Katie Peters SO	89	290	64	578	0.391	3.26	178	197	0.904	25	0.28
Kaylee Schmit SR	97	197	72	430	0.291	2.03	1	1	1.000	0	0.00
Brooklyn Heissel SO	93	155	75	433	0.185	1.67	204	240	0.850	32	0.34
Kayla Mayer JR	97	152	68	575	0.146	1.57	316	353	0.895	46	0.47
Krista Lipp JR	97	140	47	398	0.234	1.44	158	175	0.903	24	0.25
Katelyn Langel SO	30	20	12	64	0.125	0.67	22	23	0.957	0	0.00
Catalina Uribe SR	97	18	2	61	0.262	0.19	403	423	0.953	50	0.52
Kathryn Ripley JR	27	13	4	45	0.200	0.48	38	41	0.927	3	0.11
Chloe Bunkers FR	50	2	1	12	0.083	0.04	55	63	0.873	1	0.02
Aubree Nilles SO	4	2	1	3	0.333	0.50	1	2	0.500	0	0.00
Valeria Uribe FR	97	1	2	3	-0.333	0.01	129	148	0.872	19	0.20
Abbie Dickman JR	94	1	0	1	1.000	0.01	273	312	0.875	47	0.50
Anna Britt SO	7	0	0	0	0.000	0.00	11	12	0.917	1	0.14
Sydney Livermore FR	3	0	0	0	0.000	0.00	1	2	0.500	0	0.00
Isabelle Kessenich SO	4	0	0	0	0.000	0.00	1	1	1.000	0	0.00

Team	Record	Sets	Kills	Kill Err	Attack Attempts	Kill Eff	Kills per Set	Serve Success	Serves	Serve Eff	Aces	Aces per Set
LeMars Gehlen Catholic	25 - 12 - 0	97	991	348	2603	0.247	10.22	1791	1993	0.899	248	2.56

Athlete	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
Catalina Uribe SR	97	830	8.56	335	3.45	19	2	21	0.22
Krista Lipp JR	97	65	0.67	67	0.69	25	7	32	0.33
Katie Peters SO	89	9	0.10	267	3.00	43	15	58	0.65
Valeria Uribe FR	97	6	0.06	149	1.54	0	0	0	0.00
Brooklyn Heissel SO	93	5	0.05	272	2.92	13	5	18	0.19
Kayla Mayer JR	97	5	0.05	282	2.91	11	3	14	0.14
Abbie Dickman JR	94	4	0.04	200	2.13	0	0	0	0.00
Kaylee Schmit SR	97	4	0.04	58	0.60	32	14	46	0.47
Sydney Livermore FR	3	3	1.00	3	1.00	0	0	0	0.00
Anna Britt SO	7	2	0.29	4	0.57	0	0	0	0.00
Kathryn Ripley JR	27	1	0.04	12	0.44	2	1	3	0.11
Katelyn Langel SO	30	0	0.00	16	0.53	3	3	6	0.20
Chloe Bunkers FR	50	0	0.00	84	1.68	0	0	0	0.00
Aubree Nilles SO	4	0	0.00	0	0.00	0	0	0	0.00
Isabelle Kessenich SO	4	0	0.00	2	0.50	0	0	0	0.00

Team	Record	Sets	Assists	Assists per Set	Digs	Digs per Set	Block Assists	Blocks Solo	Blocks Total	Blocks per Set
LeMars Gehlen Catholic	25 - 12 - 0	97	934	9.63	1751	18.05	148	50	198	2.04

# Team Match Statistical Highs – 2016

## Team Match Season Highs

<b>Most Aces</b>	–	21 vs. South O'Brien, Sept. 13 (4 games) 19 vs. Woodbury Central, Aug. 25 (3 games) vs. MMCRU, Oct. 4 (3 games) 14 vs. Remsen St. Mary's, Aug. 30 (3 games) 13 vs. Clay Central-Everly, Sept. 22 (3 games) 11 vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games) 10 vs. Harris-Lake Park, Sept. 8 (3 games)
<b>Most Assists</b>	–	48 vs. South O'Brien, Sept. 13 (4 games) 43 vs. Unity Christian, Sept. 13 (4 games) 42 vs. Hinton, Sept. 20 (4 games) 40 vs. Hartley-Melvin-Sanborn, Oct. 24 (3 games) 39 vs. West Sioux, Sept. 27, (3 games) 38 vs. Trinity Christian, Sept. 27 (3 games) 37 vs. Clay Central-Everly, Sept. 22 (3 games) 36 vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games)
<b>Most Kills</b>	–	51 vs. South O'Brien, Sept. 13 (4 games) 45 vs. Unity Christian, Sept. 13 (4 games) 43 vs. Hinton, Sept. 20 (4 games) 42 vs. West Sioux, Sept. 27, (3 games) 40 vs. Trinity Christian, Sept. 27 (3 games) vs. Hartley-Melvin-Sanborn, Oct. 24 (3 games) 39 vs. Clay Central-Everly, Sept. 22 (3 games) 37 vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games)
<b>Most Blocks</b>	–	12 vs. Trinity Christian, Sept. 27 (3 games) 11 vs. Dakota Valley, Sept. 10 (3 games) vs. Unity Christian, Sept. 13 (4 games) 10 vs. Hinton, Sept. 20 (4 games) 9 vs. Harris-Lake Park, Sept. 8 (3 games) vs. St. Edmond, Sept. 18 (2 games) vs. George-Little Rock, Oct. 27 (3 games)
<b>Most Digs</b>	–	108 vs. Hinton, Sept. 20 (4 games) 91 vs. South O'Brien, Sept. 13 (4 games) 82 vs. Akron-Westfield, Sept. 20 (4 games) 78 vs. West Sioux, Sept. 27, (3 games) 67 vs. Clay Central-Everly, Sept. 22 (3 games) vs. Trinity Christian, Sept. 27 (3 games) 66 vs. Unity Christian, Sept. 13 (4 games) 62 vs. Newell-Fonda, Sept. 24 (2 games) 58 vs. Akron-Westfield, Sept. 10 (3 games)
<b>*Highest Hitting %</b>	–	.478 vs. Clay Central-Everly, Sept. 22 (3 games) .433 vs. Storm Lake St. Mary, Sept. 18 (2 games) .403 vs. Harris-Lake Park, Sept. 8 (3 games) .375 vs. Trinity Christian, Sept. 24 (2 games) .372 vs. Woodbury Central, Sept. 10 (2 games) .354 vs. Woodbury Central, Aug. 25 (3 games) .351 vs. Remsen St. Mary's, Aug. 30 (3 games)
<b>Best Serving %</b>	–	97.0% vs. Central Lyon, Sept. 3 (2 games) 96.7% vs. Hinton, Sept. 10 (2 games) 95.3% vs. Okoboji, Sept. 24 (2 games)

\*Hitting Efficiency = Kills – Errors ÷ Attempts

# Individual Match Statistical Highs – 2016

## Individual Match Season Highs

<b>Most Aces</b>	–	6 Brooklyn Heissel vs. South O'Brien, Sept. 13 (4 games) Abbie Dickman vs. MMCRU, Oct. 4 (3 games) 5 Krista Lipp vs. Woodbury Central, Aug. 25 (3 games) Abbie Dickman vs. Woodbury Central, Sept. 10 (2 games) Brooklyn Heissel vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games)
<b>Most Assists</b>	–	48 Catalina Uribe vs. South O'Brien, Sept. 13 (4 games) 41 Catalina Uribe vs. Hinton, Sept. 20 (4 games) 36 Catalina Uribe vs. Unity Christian, Sept. 13 (4 games) 34 Catalina Uribe vs. Hartley-Melvin-Sanborn, Oct. 24 (3 games) vs. West Sioux, Sept. 27 (3 games)
<b>Most Kills</b>	–	22 Katie Peters vs. South O'Brien, Sept. 13 (4 games) 21 Katie Peters vs. Hinton, Sept. 20 (4 games) 19 Katie Peters vs. Unity Christian, Sept. 13 (4 games) 16 Kaylee Schmit vs. MMCRU, Oct. 4 (3 games) 14 Katie Peters vs. Hartley-Melvin-Sanborn, Oct. 11 (3 games) 12 Katie Peters vs. Clay Central-Everly, Sept. 22 (3 games) Kayla Mayer vs. West Sioux, Sept. 27 (3 games) 11 Kayla Mayer vs. Unity Christian, Sept. 13 (4 games) 11 Katie Peters vs. Akron-Westfield, Sept. 20 (4 games) Krista Lipp vs. Maple Valley-Anthon-Oto, Oct. 6 (3 games) Kaylee Schmit vs. Hartley-Melvin-Sanborn, Oct. 24 (3 games)
<b>Most Blocks</b>	–	5 Katie Peters vs. Dakota Valley, Sept. 10 (3 games) 4 Kaylee Schmit vs. Unity Christian, Sept. 13 (4 games) Kaylee Schmit vs. St. Edmond, Sept. 18 (2 games) Katie Peters vs. Hinton, Sept. 20 (4 games) Kaylee Schmit vs. Trinity Christian, Sept. 27 (3 games)
<b>Most Digs</b>	–	20 Chloe Bunkers vs. Akron-Westfield, Sept. 20 (4 games) Brooklyn Heissel vs. West Sioux, Sept. 27 (3 games) 18 Catalina Uribe vs. Hinton, Sept. 20 (4 games) 17 Katie Peters vs. South O'Brien, Sept. 13 (4 games) Chloe Bunkers vs. Hinton, Sept. 20 (4 games) Katie Peters vs. Hinton, Sept. 20 (4 games) 16 Catalina Uribe vs. Central Lyon, Sept. 3 (2 games) Abbie Dickman vs. South O'Brien, Sept. 13 (4 games) Brooklyn Heissel vs. South O'Brien, Sept. 13 (4 games) Catalina Uribe vs. West Sioux, Sept. 27 (3 games) Katie Peters vs. West Sioux, Sept. 27 (3 games)
<b>Highest Hitting %</b> (minimum 10 attempts)	–	1.000 Katie Peters vs. Clay Central-Everly, Sept. 22 (3 games) .750 Katie Peters vs. Harris-Lake Park, Sept. 8 (3 games) .600 Kaylee Schmit vs. Harris-Lake Park, Sept. 8 (3 games) Katie Peters vs. Okoboji, Sept. 24 (2 games) .579 Krista Lipp vs. Maple Valley-Anthon-Oto, Oct. 6 (3 games) .571 Katie Peters vs. Woodbury Central, Aug. 25 (3 games)
<b>Most Errorless Serve Attempts</b>	–	19 Catalina Uribe vs. Woodbury Central, Aug. 25 (3 games) 17 Catalina Uribe vs. George-Little Rock, Oct. 27 (4 games) 16 Katie Peters vs. MMCRU, Oct. 4 (3 games) Catalina Uribe vs. Maple Valley-Anthon-Oto, Oct. 6 (3 games) 14 Catalina Uribe vs. South O'Brien, Sept. 13 (4 games) 13 Kayla Mayer vs. Remsen St. Mary's, Aug. 30 (3 games) Abbie Dickman vs. Cherokee, Sept. 3 (3 games) Kayla Mayer vs. Storm Lake St. Mary, Sept. 18 (2 games) Kayla Mayer vs. Akron-Westfield, Sept. 20 (4 games) Catalina Uribe vs. Okoboji, Sept. 24 (2 games)

# Final IGHSAU Volleyball Rankings - 2016

## Final Class 1A Rankings

Team	Final Record
1. Janesville	35-8
2. Hudson	35-5
3. Springville	29-8
4. Grand View Christian	33-13
5. Holy Trinity	36-3
6. Tripoli	16-19
7. Sidney	33-4
8. Gehlen Catholic	25-12
9. Audubon	27-7
10. Iowa Valley	21-15
11. Lawton-Bronson	33-8
12. New London	28-10
13. Siouxland Christian	28-10
14. Edgewood-Colesburg	28-12
15. Starmont	32-9

## Final Class 2A Rankings

Team	Final Record
1. Western Christian	41-6
2. Unity Christian	35-5
3. Sumner-Fredericksburg	33-6
4. Lake Mills	41-1
5. Tri-Center	32-2
6. Central Lyon	30-5
7. Council Bluffs St. Albert	27-5
8. North Cedar	34-6
9. Woodward-Granger	31-8
10. Waterloo Columbus Catholic	29-13
11. Treynor	28-7
12. Mediapolis	33-8
13. South Central Calhoun	27-13
14. South Hamilton	25-6
15. Mt. Ayr	30-2

## Final Class 3A Rankings

Team	Final Record
1. Union	40-5
2. Dike-New Hartford	48-5
3. West Delaware	42-5
4. Kuemper Catholic	29-2
5. Mount Vernon	34-8
6. Sioux Center	34-5
7. Davenport Assumption	28-9
8. Humboldt	33-2
9. Dyersville Beckman	27-10
10. Spirit Lake	30-9
11. North Polk	37-10
12. Gilbert	31-9
13. Pocahontas Area	27-4
14. Osage	23-12
15. Red Oak	30-10

## Final Class 4A Rankings

Team	Final Record
1. Pella	38-5
2. Dubuque Walhert	28-6
3. Marion	34-10
4. Bishop Heelan	35-9
5. Charles City	37-6
6. Cedar Rapids Xavier	32-10
7. Lewis Central	30-9
8. Clinton	22-14
9. Nevada	29-14
10. Sergeant Bluff-Luton	29-15
11. Norwalk	27-14
12. Waverly-Shell Rock	34-18
13. ADM	23-11
14. Independence	30-10
15. LeMars	21-15

## Final Class 5A Rankings

Team	Final Record
1. Cedar Falls	40-4
2. Ankeny Centennial	35-3
3. West Des Moines Valley	41-5
4. Linn-Mar	33-9
5. Ankeny	38-6
6. Cedar Rapids Kennedy	27-11
7. Dubuque Hempstead	23-11
8. Iowa City West	23-15
9. Bettendorf	20-12
10. Iowa City High	20-14
11. Dowling Catholic	27-16
12. Johnston	26-13
13. Urbandale	23-11
14. Cedar Rapids Prairie	22-15
15. Des Moines Roosevelt	31-20



*H-M-S Tournament Champions!*

# 2016 War Eagle Conference Volleyball Honor Teams

## First Team All War Eagle Conference (\*unanimous selection)

*Josie Blankespoor	Senior	Unity Christian
*Callie Henrich	Senior	Akron-Westfield
*Hallie Reuter	Junior	Hinton
*Allison Timmermans	Senior	Unity Christian
*Catalina Uribe	Senior	Gehlen Catholic
Haley Delperdang	Senior	Remsen St. Mary's
Ann Hedlund	Senior	Akron-Westfield
Cassie Hoefling	Senior	Hinton
Shania Kooiker	Senior	Trinity Christian
Taylor Meyer	Sophomore	Harris-Lake Park
Katie Peters	Sophomore	Gehlen Catholic
Corrina Timmermans	Sophomore	Unity Christian

## Second Team All War Eagle Conference

Jori Bronner	Sophomore	Unity Christian
Shayna DeRoon	Junior	Trinity Christian
Abbie Ericson	Junior	West Sioux
Brooklyn Heissel	Sophomore	Gehlen Catholic
El'Lee Kroll	Junior	Hinton
Taylor Rodenburgh	Junior	West Sioux
Whitney Sickelka	Senior	South O'Brien
Alexis Sonich	Senior	Hartley-Melvin-Sanborn
Kaley Stoulp	Junior	Hinton
Courtney Waterbury	Junior	Akron-Westfield

## Honorable Mention All War Eagle Conference

Kadie Bauer	Senior	South O'Brien
Laura Brighton	Junior	Hinton
Bailey Davis	Senior	Akron-Westfield
Blake Gunderson	Junior	Harris-Lake Park
Kaylen Kuchel	Senior	Hartley-Melvin-Sanborn
Emily Moser	Senior	MMCRU
Sydney Reinking	Sophomore	West Sioux
Catherine Russell	Senior	Remsen St. Mary's
Kaitlyn Van Maanen	Senior	Trinity Christian
Kennedy Wilson	Senior	Clay Central-Everly

## 2016 War Eagle Conference Volleyball Standings

1. Unity Christian	11-0	35-5
2. Hinton	10-1	24-9
3. Akron-Westfield	9-2	21-10
4. Gehlen Catholic	8-3	25-12
5. West Sioux	6-5	15-16
Trinity Christian	6-5	14-16
7. South O'Brien	5-6	15-19
8. Harris-Lake Park	4-7	21-16
9. Hartley-Melvin-Sanborn	3-8	10-19
10. MMC-RU	2-9	8-17
Remsen St. Mary's	2-9	12-16
12. Clay Central-Everly	0-11	0-27



## 2016 IGCA ALL-DISTRICT TEAMS

### 1A Northwest

Player Name	School	Year
Taylor Meyer	Harris-Lake Park	10
Autumn Fluent	Lawton-Bronson	12
Taylor Campbell	Siouxland Christian	12
Haley Delperdang	St. Mary's, Remsen	12
Heather East	Westwood, Sloan	12
Ann Hedlund	Akron-Westfield	12
Alexis Sonich	Hartley-Melvin-Sanborn	12
Erin Gerke	Newell-Fonda	12
Brooke Campbell	Siouxland Christian	12
Jadin Wagner	Lawton-Bronson	12
Hannah Connelly	Siouxland Christian	12
Callie Henrich	Akron-Westfield	12
Jenna Wede	Lawton-Bronson	12
Katie Peters	LeMars Gehlen Catholic	10
Emily Hansmann	George-Little Rock	12
Catalina Uribe	LeMars Gehlen Catholic	12
Coach of the Year: Jeremiah Pottebaum, Lawton-Bronson		

### 1A Southwest

Player Name	School	Year
Claire Olsen	Audubon	12
Jaden Daffer	Sidney	10
Olivia Larsen	Sidney	09
Sydney Obermeier	Audubon	12
Taylor Nielsen	Audubon	12
Kelsi Leininger	Essex	11
Clara Schaff	Fremont Mills	11
Julia Fleecs	Glidden Ralston	12
Sophia Peppers	Exira - EHK	11
Dalton Martin	Essex	11
Kaitlin Schultes	Audubon	12
Camryn McClintock	Sidney	10
Ally Focht	Stanton	12
Chelsea Weis	Stanton	12
Emmy Duysen	East Mills	12
Coach of the Year: Molly Lange, Audubon		

### 1A Northeast

Player Name	School	Year
Haley Fitzpatrick	Edgewood-Colesburg	10
Marika Kopriva	North Tama	12
Kalli Miller	Easton Valley	12
Kaitlyn Murphy	East Buchanan	11
Morgan Jacobson	Central Elkader	12
Madi Wagaman	Springville	11
Annie Klenk	Hudson	12
Blaire Sonderleiter	GMG, Garwin	12
Katie Kopriva	North Tama	9
Marissa Schroeder	Bellevue Marquette Catholic	12
Kiley DeBerg	Hudson	12
Hayley Goedken	Starmont	10
Kenzie Mantz	Belle Plaine	10
Rylee Menster	Springville	11
Brylyn Clute	Edgewood-Colesburg	12
Alyssa Jaeger	Springville	11
Kelsi Askeland	Edgewood-Colesburg	10
Mikayala Nachazel	Springville	11
Regan Jansen	Starmont	10
Madison Sallee	Hudson	12
Coach of the Year: Claude Howard Jr. Springville		

### 1A North Central

Player Name	School	Year
Gillian Gergen	Janesville	12
Bree Thompson	Janesville	10
Kennedy Drewis	Tripoli	11
Kennedy Meister	Janesville	11
Alisa Bengen	Janesville	10
Ali Harms	Tripoli	12
Hannah Huss	St. Edmond, Fort Dodge	11
McKayla Boeschen	Dunkerton	11
Whitney Hovey	Bishop Garrigan, Algona	11
Maddie Huff	Don Bosco	11
Lily Liekweg	Janesville	10
Brooke Dreesman	Tripoli	11
Terran Haberman	Northwood Kensett	12
Carli Teisinger	Dunkerton	11
Nicole Heeren	North Butler	11
Coach of the Year: Shelley Sorenson Janesville		

### 1A South Central

Player Name	School	Year
Kayla Schut	Iowa Christian Academy	12
Abby Booth	Grand View Christian	12
Jennifer Eason	Lamoni	12
Kaitlyn Dent	Mormon Trail	12
Brenna Lanser	Lynnville Sully	12
Riley Jewett	Seymour	10
Hope Beck	BGM	12
Demi Austin	Wayne	12
Daryn Nowlin	Lamoni	12
Ashlan Thompson	Grand View Christian	12
Cara Arrasmith	Grand View Christian	12
Grace Martin	Lamoni	11
Blaire Steenhoek	SE Warren	10
Cheyenne Wright	Grand View Christian	11
Bekah Smith	Ankeny Christian Academy	12
Coach of the Year: Laura Jeanes Lamoni		

### 1A Southeast

Player Name	School	Year
Ali Randolph	Holy Trinity Catholic	12
Cherisse Ward	Iowa Valley	11
Emily Box	Holy Trinity Catholic	10
Claire Hackenmiller	Burlington Notre Dame	11
Emma Lynch	Burlington Notre Dame	12
Breanna Mettler	New London	11
Caleigh Smith	Iowa Valley	11
Carson McSorely	New London	11
Sophie Kongable	Winfield Mount Union	12
Elena Sieverding	Lone Tree	12
Savannah Sutherland	New London	11
Mya Lawlor	Holy Trinity Catholic	10
Coach of the Year: Melissa Freesmeier Holy Trinity		

## 2016 IGCA ALL-DISTRICT TEAMS

### 2A Northwest

<u>Player Name</u>	<u>School</u>	<u>Year</u>
Hope Rasmussen	Central Lyon	12
Hallie Reuter	Hinton	11
Chaydon Metzger	West Lyon	12
Cassie Hoefling	Hinton	12
Ashley Boer	Central Lyon	12
Lauren Rohwer	Alta-Aurelia	11
Harlee Wagoner	Ridgeview	12
Taylor Anderson	South Central Calhoun	11
Laney Stanton	Alta-Aurelia	11
Karsyn Winterfeld	Western Christian	12
Allison Timmermans	Unity Christian	12
Josie Blankespoor	Unity Christian	12
Erika Feenstra	Western Christian	12
Allison Birks	South Central Calhoun	12
Ashtyn Veerbeek	Western Christian	11
Corrina Timmermans	Unity Christian	10
Coach of the Year: Patty Timmermans Unity Christian		



CYO All-Tournament Team

### 3A West

<u>Player Name</u>	<u>School</u>	<u>Year</u>
Aimee Adams	Kuemper Catholic, Carroll	10
Jessica Harald	Sioux Center	12
Sierra Athen	Red Oak	11
Macy Smith	Spirit Lake	12
Alexis Toering	Sioux Center	11
Lauren Bair	Clarinda	11
Breanne O'Neill	East Sac County	12
Hannah Dykshorn	Sioux Center	12
Kailee Jenness	Spirit Lake	12
Abby Lohrmann	Kuemper Catholic, Carroll	12
Kara Peter	Kuemper Catholic, Carroll	9
Kalee Peter	Kuemper Catholic, Carroll	11
Elle Ruffridge	Pocahontas Area	12
Coach of the Year: Keith Stickrod Kuemper Catholic		



Catalina nailing another set!

### 4A West

<u>Player Name</u>	<u>School</u>	<u>Year</u>
Krista Zenk	LeMars	12
Madison Paulsen	Lewis Central	12
Olivia Vier	Ballard	11
Samantha McCabe	Sioux City Heelan	11
Abby Carlin	Ballard	12
Gillian Tupper	Nevada	12
Agatha Beier	Carlisle	12
Kylee Christensen	Sergeant Bluff Luton	11
Abby Stephenon	Nevada	12
Katherine Poore	Lewis Central	11
Sami Schepers	ADM	11
Jordan Hook	ADM	11
Mary Volz	Sioux City Heelan	12
Coach of the Year: Mary Miller Sioux City Heelan		

## 2016 IGCA All-State Teams

### Elite All State Team

Player of the Year: Mackenzie May Dubuque Wahlert

Name	School	Year
Mackenzie May	Dubuque Wahlert	12
Sydney Petersen	Dike-New Hartford	11
Hannah Lockin	West Des Moines Valley	12
Kiley De Berg	Hudson	12
Alyssa Ballenger	Ankeny	12
Tayah Mahi	Cedar Falls	11
Madi Kubuk	West Des Moines Valley	10
Taryn Knuth	Johnston	12

### Class 1A

Player of the Year: Kiley De Berg, Hudson

Coach of the Year: Shelley Sorenson, Janesville

#### 1A 1st Team

Name	School	Year
Kiley DeBerg	Hudson	12
Gillian Gergen	Janesville	12
Bree Thompson	Janesville	10
Alisa Bengen	Janesville	10
Jadin Wagner	Lawton Bronson	12
Ali Randolph	Holy Trinity	12
Emily Box	Holy Trinity	10
Ashland	Grand View Christian	12

#### 1A 2nd Team

Name	School	Year
Kaitlin Schultes	Audubon	12
Kennedy Drewis	Tripoli	10
Kennedy Meister	Janesville	11
Mikayla Nachazel	Springville	11
Camryn McClintock	Sidney	10
Emma Lynch	Burlington Notre Dame	12
Hayley Goedken	Starmont	10
Kenzie Mantz	Belle Plaine	10

#### 1A 3rd Team

Name	School	Year
Rylee Menster	Springville	11
Jenna Wede	Lawton-Bronson	12
Cara Arrasmith	Grand View Christian	12
Lily Leikweg	Janesville	10
Katie Peters	Gehlen Catholic	11
Claire Olsen	Audubon	12
Hannah Connelly	Siouxland Christian	12
Regan Janssen	Starmont	11
Kelcie Shields	Mount Ayr	12

#### 1A Honorable Mention

Name	School	Year
Carson McSorley	New London	11
Alyssa Jaeger	Springville	11
Chelsea Weis	Stanton	12
Daiton Marton	Essex	11
Daryn Nowlin	Lamoni	12
Kayla Schut	Iowa Christian Academy	12
Jaden Daffer	Sydney	10
Brylyn Clute	Edgewood-Colesberg	12
Ali Harms	Tripoli	12
Hannah Huss	Fort Dodge St. Edmond	12
Emily Hansmann	George-Little Rock	12
Caleigh Smith	Iowa Valley	11
Cheyenne Wright	Grand View Christian	11
Cherisse Ward	Iowa Valley	11
Mya Lawlor	Holy Trinity Catholic	10
Breanna Mettler	New London	11
Taylor Campbell	Siouxland Christian	12

### Class 2A

Player of the Year: Karasyn Winterfeld Western Christian

Coach of the Year: Tammy VerBeek Western Christian

#### 2A 1st Team

Name	School	Year
Anna Sinnott	Waterloo Columbus	11
Karasyn Winterfeld	Western Christian	12
Josie Blankespoor	Unity Christian	12
Jaydlin Seehase	Sumner-Fredericksburg	12
Becca Page	Sumner-Fredericksburg	12
Erika Feenstra	Western Christian	12
Alli Timmermanns	Unity Christian	12
Jenna Brandt	Sumner-Fredericksburg	11

#### 2A 2nd Team

Name	School	Year
Sydney McLaren	Council Bluffs St. Albert	11
Lauren McManus	Waterloo Columbus	12
Ashtyn Veerbeek	Western Christian	11
Allison Birks	South Central Calhoun	11
Kylie Willis	Grundy Center	10
Corrina Timmermanns	Unity Christian	10
Abby Tiarks	Treynor	12
Allison Eikenberry	Tri Center Neola	12

#### 2A 3rd Team

Name	School	Year
Hannah Wagner	Central Springs	12
Abby Knoop	West Branch	12
Kara Brown	Mediapolis	12
Ady Wintermote	South Hamilton	12
Olivia McCune	Woodward Granger	12
Hope Rasmussen	Central Lyon	12
Bekah Horstman	Pella Christian	11
Lexi Groe	Lake Mills	12

#### 2A Honorable Mention

Name	School	Year
Sydney Mathews	Grundy Center	10
Tori Masker	Tri Center Neola	12
Lexi Petry	Council Bluffs St. Alberts	11
Darby Hawtrey	North Cedar	12
Kate Shannon	Waterloo Columbus	10
Ashley Boer	Central Lyon	12
Hallie Reuter	Hinton	11
Sarah Vorwerk	Mediapolis	12
Mary Hansen	Woodward Granger	12
Emily Hay	North Cedar	12

### Class 3A

Player of the Year: Sydney Peterson Dike-New Hartford

Coach of the Year: Diane Harms Dike-New Hartford

#### 3A 1st Team

Name	School	Year
Sydney Peterson	Dike-New Hartford	11
Baylee Petersen	Dike New Hartford	11
Megan Hudson	Union, LaPorte City	12
Libby Ryan	Mt. Vernon	12
Jessica Harald	Sioux Center	12
Aimee Adams	Kuemper Catholic, Carroll	10
Hannah Becker	North Polk	12

## 2016 IGCA All-State Teams

### 3A 2nd Team

Name	School	Year
Peyton Parker	Union, LaPorte City	12
Sierra Athen	Red Oak	11
Haley Lyness	West Delaware	12
Kaitlyn Volesky	Mt. Vernon	12
Macy Smith	Spirit Lake	12
Wynne Vandersal	Dike New Hartford	12
Kara Peter	Kuemper Catholic, Carroll	09

### 3A 3rd Team

Name	School	Year
Alexis Toering	Sioux Center	11
Julia Huiskamp	Davenport Assumption	12
Kelsey Havel	Osage	11
Abby Lohrmann	Kuemper Catholic, Carroll	12
Madison Hedges	Dike New Hartford	11
Kylie Bildstein	Beckman Catholic, Dyersville	12
Inga Rott	Gilbert	11

### 3A Honorable Mention

Name	School	Year
Maggie Driscoll	Union, LaPorte City	12
Abby Zaugg	Humboldt	12
Abigail Weideman	Center Point Urbana	11
Rylie Olson	Osage	11
Lauren Bair	Clarinda	11
Breanne O'Neill	East Sac County	12
Hannah Dykshorn	Sioux Center	12
Jade Putz	West Delaware	12

### Class 4A

Player of the Year: Mackenzie May Wahlert, Dubuque  
 Coach of the Year: Lindsey Beaves Wahlert, Dubuque

### 4A 1st Team

Name	School	Year
Mackenzie May	Wahlert, Dubuque	12
Emily Holterhaus	Pella	10
Charlotte Richards	Cedar Rapids Xavier	11
Isabella Sade	Marion	12
Abby Stephenson	Nevada	12
Caitlyn Smith	Marion	11
Kaitlyn Niedert	Independence	12

### 4A 2nd Team

Name	School	Year
Kiki Pingel	Pella	12
Gabby Ridgeway	Norwalk	12
Katie Foster	Charles City	12
Jenna Gremmel	Wahlert, Dubuque	11
Katherine Poore	Lewis Central	11
Samantha McCabe	Sioux City Heelan	11
Gillian Tupper	Nevada	12

### 4A Honorable Mention

Name	School	Year
Mary Volz	Sioux City Heelan	12
Krystal Tranel	Wahlert, Dubuque	11
Grace Judd	Dallas Center Grimes	12
Sami Schepers	ADM	11
Sheyanne Koethe	Clear Creek Amana	12
Krista Zenk	LeMars	12
Madison Paulson	Lewis Central	12
Elizabeth Fleckenstein	Wahlert, Dubuque	12
Tanea Westhoff	Marion	12
McKenna Greenwalt	Clinton	12
Amber Dilsaver	Fort Madison	11

### Class 5A

Player of the Year: Hannah Lockin West Des Moines Valley  
 Coach of the Year: Jessica Rinehart Ankeny Centennial

### 5A 1st Team

Name	School	Year
Hannah Lockin	WDM Valley	12
Taryn Knuth	Johnston	12
Alyssa Ballenger	Ankeny	12
Tayah Mahi	Cedar Falls	11
Madi Kubik	WDM Valley	10
Kylee Macke	Ankeny Centennial	12
Kenna Sauer	Ankeny Centennial	10

### 5A 2nd Team

Name	School	Year
Alexa Aldrich-Ingram	Iowa City High	12
Emily Plock	Southeast Polk	12
Taylor Lynch	Cedar Falls	11
Piper Mauck	DM Roosevelt	12
Ellie Anderson	Linn-Mar	12
Meredith Sieck	Ankeny Centennial	12
Grace Burken	Cedar Falls	11

### 5A Honorable Mention

Name	School	Year
Grace Cumming	DM Roosevelt	10
Oliva Winker	Ankeny	12
Emma Norris	Iowa City West	12
Megan Oldenburger	Cedar Rapids Prairie	12
Paige Frank	Cedar Rapids Kennedy	12
Lexi Lapke	Sioux City East	12
Megan Renner	Linn-Mar	10
Maddie Slagle	Cedar Rapids Jefferson	11
Hope Splinter	Dubuque Hempstead	12
Claire Leonard	Bettendorf	12
Emily DeDoncker	Urbandale	11
Emilee McGowan	Linn-Mar	12
Regan Mazour	Marshalltown	12

## 2016 Volleyball Academic All State

<u>Name</u>	<u>School</u>	<u>Name</u>	<u>School</u>
Sheyanne Koethe	Clear Creek Amana	Chloe Hatfield	Cedar Rapids Washington
McKenna McCreedy	Clear Creek Amana	Erica Hulsing	Grinnell
Breanne O'Neill	East Sac County	Faith Rossell	Griswold
Sabrina Holtz	South Tama	McKenna Decker	Denver
McKenna Knock	South Tama	Briana Ver Steegh	Eddyville-Blakesburg-Fremont
Emily Heupel	Greene County	Teri Jo Lane	Eddyville-Blakesburg-Fremont
Hannah Stein	Greene County	Grace Judd	Dallas Center-Grimes
Emily Duff	Starmont	Haley Greiman	Dallas Center-Grimes
Shannon Cross	Starmont	Katie Vander Molen	Pella
Claire Beyer	Waukon	Halle Van Vark	Pella
Regan Wasson	Waukon	Abby Zaugg	Humboldt
Brooklyn Larson	Waukon	Jordan Hennigar	Clarion-Goldfield-Dows
Stephanie Heuertz	Gehlen Catholic	Mary Hansen	Woodward-Granger
Catalina Uribe	Gehlen Catholic	Jessica Faber	Clear Lake
Katie Mason	Newman Catholic	Carlee Bertram	Hampton-Dumont
Jillian Dunn	Newman Catholic	Emily Van Ginkel	Western Christian
Carolyn Bernemann	Newman Catholic	Mallory Orr	Muscatine
Claire Bridges	West Branch	Emily O'Brien	Sumner-Fredericksburg
Dalana Kron	West Branch	Georgia Ackley	Sumner-Fredericksburg
Hope Rasmussen	Central Lyon	Taylor Sernett	Cedar Falls
Kylie Budde	Easton Valley	Samantha Alexander	Cedar Falls
Marta Grant	Easton Valley	Elizabeth Relph	Cedar Falls
Haley Bouse	Okoboji	Taylor Becker	Cedar Falls
Lindsey Wittrock	Okoboji	Hailey Korver	MOC-Floyd Valley
Hannah Vos	Pella Christian	Rebecca Schueller	Dubuque Senior
Natalie Vos	Pella Christian	Megan Brokus	Dubuque Senior
Cailey Terpstra	Pella Christian	Maddie Hawkins	Dubuque Senior
Abigail White	Mason City	Morgan Kluesner	Dubuque Hempstead
Sydney Rottinghaus	Mason City	Kennedy Kruse	Ogden
Rylee Bowman	Lake Mills	Isabel Hamburger	Sioux City North
Sydney Dahl	Lake Mills	Taryn Knuth	Johnston
Shauna McAleer	Northeast Community	Anna Miller	Johnston
Kelsey Van Drie	Sheldon	Haley Ness	Johnston
Mallory McQueen	Sheldon	Ellie Roquet	Johnston
Amory Glosser	Centerville	Kendra Witte	Mediapolis
Abby Tunender	Norwalk	Sydney Rand	LeMars
Lydia Seelhammer	Garner-Hayfield-Ventura	Maddi McCullough	Ankeny Centennial
Cathy Ralfs	Durant	Sarah Mixdorf	Ankeny Centennial
Kelsie Tingle	Aplington-Parkersburg	Kayla Joyner	Cedar Rapids Kennedy
Emma Dahir	Tri-Center	Annebel Trumm	Cascade
Allison Eikenberry	Tri-Center	Kylie Knepper	Cascade
Victoria Masker	Tri-Center	Laura Kremer	Cascade
Sydney Meeker	Mount Vernon	Riley Takes	Cascade
Wynne Vandersall	Mount Vernon	Anna Hunt	Cascade
Hannah Stebral	Prairie, Cedar Rapids	Kara Grossman	Dowling Catholic
Karleigh Schilling	Prairie, Cedar Rapids	Teryn Falk	Dowling Catholic
Taylor Fisher	Prairie, Cedar Rapids	Raegan Boothe	Central Decatur
Logan Ealy	Prairie, Cedar Rapids	Kathleen Byrne	Bettendorf
Morgan Bruns	English Valleys	Kaylin Kuhn	Bettendorf
Shannon James	City High, Iowa City	Hannah Connelly	Siouxland Christian
Nicole Majerus	Southeast Polk	Sarah Westholm	Waukee
Jillian Miller	Southeast Polk	Hanna Jennings	Williamsburg
Emily Plock	Southeast Polk	Breanna TenHulzen	Sergeant Bluff-Luton
Holly Dannen	Southeast Polk	Kami Schlag	Sergeant Bluff-Luton
Bailey Peterson	Southeast Polk	Andrea Verburg	Sioux Center
Kylie Kerndt	Decorah	Jody Vanderholm	Stanton
Claire Sybesma	Maquoketa	Morgan Bossler	Benton Community
Catia Atenza	Maquoketa	Karly Miner	Benton Community
Courtney Becker	Maquoketa	Emily Holthaus	Decorah
Claire Groth	Saint Ansgar		
Madison Eibes	Saint Ansgar		

# 2016 Gehlen Jays Volleyball Honors Page

Letterwinners: Kaylee Schmit Catalina Uribe  
Abbie Dickman Krista Lipp  
Kayla Mayer Kathryn Ripley  
Brooklyn Heissel Katelyn Langel  
Katie Peters Chloe Bunkers  
Valeria Uribe

Team Captain: Catalina Uribe

Teammate Award: Krista Lipp

Dedication Award: Kayla Mayer

Most Improved: Kaylee Schmit

Most Valuable: Catalina Uribe

## War Eagle All - Conference Teams

Second Team: Brooklyn Heissel

First Team: Catalina Uribe & Katie Peters

## Other Honor Teams

CYO All-Tournament: Catalina Uribe & Katie Peters

IGCA All-NW District: Catalina Uribe, Katie Peters

IGCA All-State: 1A Third Team: Katie Peters

IGCA Volleyball Academic All-State: Catalina Uribe & Stephanie Heuertz

All Daily Sentinel Team: Catalina Uribe & Katie Peters

Daily Sentinel Defensive Player of the Year: Catalina Uribe

All NW IA Review: 2<sup>nd</sup> Team: Catalina Uribe

3<sup>rd</sup> Team: Katie Peters